For Immediate Release February 6, 2022

Ritter Center Shower Services Start February 6, 2023 Showers Will Help Connect Unsheltered Individuals to Essential Services

SAN RAFAEL– Ritter Center in San Rafael announces that shower services will start at Ritter Center every Monday, from 1pm-4pm, beginning Monday, February 6, 2023. These services are essential for people who are currently unsheltered and benefit their physical and mental health, well-being and dignity.

Shower services are a great asset in combination with the laundry services Ritter Center also operates. Showers and laundry services are effective strategies to connect people living on the streets and link them to additional services provided at Ritter Center, such as primary medical care, behavioral health care, comprehensive case management, assistance with a path to housing and a food pantry.

"Now everyone can have an opportunity to access basic hygiene once a week. Imagine the difference this can make to mental and physical health, as well as reclaiming one's dignity," said Mark Shotwell, CEO of Ritter Center. "Housing, healthcare and access to food is a human right. Part of these basic human rights is the ability to be able to clean one's body and clothing. Resuming shower services folds organically into our mission to improve the health, dignity and well-being of people living in poverty. Let's continue to care for our community with compassion."

We Hope, a non-profit organization from East Palo Alto runs the mobile showers service which are funded by the City of San Rafael.

Ritter Center, a nonprofit health and human services center in San Rafael, helps over 2,500 local families and individuals living in poverty or experiencing homelessness every year.

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Ritter Center

Ritter Center's mission is to prevent and resolve homelessness and improve the health, dignity and well-being of people living in poverty in Marin County by providing high-quality, culturally sensitive, easily accessible medical care and social services. People in need can visit Ritter Center and receive high-quality medical and behavioral health care regardless of their ability to pay. Its highly trained team combines national clinical best practices with a whole-person care approach to solving each person's health, food, and housing needs. With over 40 years of experience, Ritter Center has built industry-leading knowledge and collaborative partnerships with County agencies, health partners, and like-minded organizations to help people overcome barriers to aid and create complete support solutions that sustainably improve people's lives.