

PRESS RELEASE



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FOR IMMEDIATE RELEASE

Ritter Center Offers Free Mammograms and Wellness Services at Annual Women's Health Day Event

[San Rafael, CA] – Ritter Center hosted its annual **Women's Health Day** today, providing free mammograms, cervical cancer screenings, and wellness services to women across Marin County. From 10:00 AM to 2:00 PM, this joyful event **removed barriers** to critical preventive care for women who may not have access to routine health screenings due to cost or insurance gaps.

Women attending the event received **free mammograms and cervical cancer screenings, personal care services including haircuts and manicures, clothing, food and refreshments, and access to mental health resources**. This holistic approach addresses not only urgent health needs but also the dignity and confidence that come from services many women cannot afford.

Access to preventive health screenings can be the difference between life and death, yet remains out of reach for many women in Marin County. According to the American Cancer Society, **early detection through regular mammograms reduces breast cancer mortality by 20-40%**, but cost and lack of insurance prevent countless women from getting screened. Similarly, cervical cancer—which is highly preventable through regular screening—disproportionately affects women without **consistent access to healthcare**.

This event is made possible through the generous support of Alinea Health, Partnership Healthplan of California, Nugget Markets, Marin Community Foundation, and Andy Falk of Coldwell Banker San Rafael, whose partnership ensures that all women—regardless of their financial situation—can access life-saving preventive care.

About Ritter Center:

Ritter Center is a Federally Qualified Health Center providing comprehensive health, housing, and support services to improve the health and well-being of individuals experiencing homelessness or economic insecurity in Marin County.

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Learn more at RitterCenter.org.



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